

The Paranormal Perspective Vol. 1-5 [Raw]

🔍 [elyselazuli](#) saw a "ghost" come out of a mirror in my bedroom. the "ghost" looked like a normal human but was translucent and he walked along the foot of my bed and then just disappeared before he reached my bedroom door

🔍 [native_style_01](#) Feeling, seeing thing my hole life from ufos or what we say the watchers to ghost to creatures so many things the one I most remember is seeing my guardian when I was little and traveling in my dreams so many things a lot of people will say that's crazy but it's experiences you have to see or feel to believe can't wait to watch this. [@freedom_faction](#)

🔍 [khelwig5](#) Saw a shadow man standing beside my friends bed when I stayed over at her house. The dog was even scared.

🔍 [danyfaif](#) I saw an ufo a month ago in the middle of the sky a brighth spaceship but the shape wasn't round. It was like a bird with its wings open. I did some research and I found that the egyptian tradition had few scale models of the annunaki starship and surprisingly they were equal at what I had seen

🔍 [danyfaif](#) The spaceship appeared in the middle of the sky and moved foward very quickly till dissappear behind a mountain

🔍 [starlightnight0](#) I put another down before about a demonic "dream whatever it was but when I was 8 growing up in Newfoundland and a ufo hovered two lampposts high it had primary colours around it I was the last kid to run inside and supposedly my grandparents car stopped after leaving the bar in NF And for no reason the radio stopped they looked up saw aliens on their windshield, sounds unreal but she told my mom and said not to say people would think their crazy in the town that story my mom told us years ago.

🔍 [nusha619](#) Had a lot of experiences growing up. Started when I was small. From seeing shadows, hearing footsteps, hearing terrifying screams , lights going off and on by themselves, to feeling someone's presence (like somebody watching), having hair pulled etc. Have seen a UFO twice . Strange stuff . Have had a lot of premonitions as well. I feel like I'm somehow susceptible to paranormal things like that. But it's hard to talk about it to others if they never experienced anything like that. But I'm a believer.

🔍 [opal_rain](#) There was 2 beings in my room and injected me in my leg with something and left through roof. Another time was them talking to me through telepathy but idk what they said. And the last time was during a storm and the sky was lighting up and u could see where the clouds were bending around an object in the sky and suddenly it started flashing with a bunch of colorful lights for like a straight minute. .. another time me and a friend seen a light coming down from the sky slowed down and landed behind a nearby moutain and we decided to

investigate and followed a road leading back there and it was government property. . Oh man I got alot of stories lol they like me

👤 [opal_rain](#) I captured a ghost in a picture also pretty unusual.

👤 [opal_rain](#) Idk what this was but a friend and I were on our way home from a road trip and something white ran across the street and while it was jumping it was changing shapes and flew away that same night when we were further down the street 30 mins away from home there was a flash of light that surrounded the car and I looked back through the passenger side mirror and there was a light that looked at if we where coming out from it and then it disappeared

👤 [patriktrik](#) Djinn's & ghosts are attracted towards my gf. Whatever energy she gives off they flock to her...can't tell you how many sleep paralysis dreams I've had when she stays over...

👤 [11lady_bug](#) Yeah for me paranormal activity was to have Hilary running once again to be President of United States

👤 [jslsmrtnz](#) In elementary I was living w my grandmother who regularly practiced witchcraft. I didn't understand it at the time but I would experience paranormal activity every other day. From seeing a huge guy in a black cloak wearing a hat floating through the hall to hearing deep voices midday that I can only assume were repeating a phrase in reverse. Only until a couple of years ago was I really able to comprehend the whole situation. Im 24 now but at 17 I promised myself I would never live back there again (parents were divorced

👤 [jslsmrtnz](#)). Lived on my own since.

👤 [mrmalcolm_j](#) i've had visions come to me in the night. In one I saw two unclean spirits, as the tanakh refers to them. They were both dressed as homeless people wearing tethered grey rags and the line around the iris of their eyes was a squiggly, non-defined sorta line. If the eyes are the window to the soul, there's was either gone or they had never had one. They were holding hands. In another vision I saw the Lord himself in space along with some other stuff.

👤 [mrmalcolm_j](#) Since then I've always known that what we refer to as paranormal or the supernatural is literally all around us, we just can't access it without special training because they involve different dimensions. The stuff of quantum physics really

👤 [linda_fires](#) All my life seen,heard, experienced things. People think you are cracked if you talk about it.

👤 [el_jefe_aka_sabadogigante](#) I have had encounters..not only by myself, but with my family included. A few times with my children, and multiple times with my ex wife. Just recently with people who have come over to visit.

👤 [caroletheearthling](#) Have had several and did not like. Too unbelievable to share 😊.

👤 [nijefffi](#) I sometimes can predoct. things bfore they happen at a mathematically.impossible frequency but dont know who to speak to to firther the ability

🔗 [gypseytoo](#) Saw a hovering UFO many years ago w a friend. Have random dreams of departed which seem very real. Predictive dreams which make no sense until it's Deja vu. FLYing in sleep ,ducking power lines used to be able to fly everywhere. Miss that. Prob due to toxins

🔗 [andrewgreenawalt](#) I've seen many ufo's. Most were pretty far away but the first one I saw was very close and was a boomerang shape at first. All metallic looking and made no noise. It could move at incredible speeds and make turns (90 degree 180 degree) without losing speed. It didn't have to accelerate or decelerate either. Could just go from 0 to mind blowing fast just like that. Changed shape into a metallic sphere and also cloaked itself for a short time while hovering. When it left it turned very bright like a metallic white light and was as far as the eye could see in two seconds. (We were on top of a mountain so we could see pretty far). There were 4 witnesses. After it left we were all talking about what just happened and 5 fighter planes flew over head from the direction of DC. Sighting was in VA.

🔗 [bini thomas](#) Last year I used a ouija board with two of my roommates. I'd always thought it was complete nonsense before playing it but the experience was really interesting. We made contact with an entity that claimed to have dwelled in our house for over 20 years and when asked to spell out my dogs name, it spelt it out perfectly.

🔗 [jpeterersonandsons](#) Was looking out my window over looking towards the Santa Barbara channels in 1997 what look like 8 red lights from an old music equalizer flashing up and down 20miles out to sea for probably 200 feet up then down called my 5 roommates and we watch for at least 10 mins it's was pouring rain the Sun had just went down and we all stood there dazed and not sure what we saw then it just disappeared...

🔗 [mama.theorist](#) This happened in '98 when my husband and I were newly dating. I was at his apartment one night I don't recall the movie we were watching, but there was a scene where the actress threw coins in the toilet wishing for her old self back or something like that? And the only reason why I remember that part is because my husband had a handful of coins (minding their business) sittin' on top of a mantel and the moment that actress threw those coins in the toilet, those coins on the mantel fell off at the same time! We both simultaneously jumped off the couch wide eyed and all while my husband yelled what the f*ck was that?! taaha still gives me the heebie jeebies. Til this day me and my husband talk about it and we still don't have an explanation how that possibly could've happened.

🔗 [civil_dysobedience](#) Seen silhouettes of people coming into my bedroom when i was little that i thought was my mom but wasn't lol creeped me out!

🔗 [iamjacobcoxson](#) FORGET ALL THAT: I stumbled across a major science by accident. I can not only say another dimension & entities exist, but I can scientifically prove in again & again. I know how to magnetise myself, which draws them to me like a moth to light, then I put a couple [#secret](#) ingredients together that then will allow you to SEE THEM !!! I need to find a way to monetise this discovery that can change the game... what do I do ?

🔗 [therealalilee](#) I saw a massive saucer with bright lights right over my head that put me in a trance at about age 7. I just saw three more pretty clear as day with other witnesses over the last three months. When I was 8 I had a vision and begged my aunt and cousin not to get in their car to head home and they wrecked just like I saw in my vision only 30 mins later 😊(both were safe 🙏). I get vision messages. Like charts or moving lights and shapes that are alive and mean something... 😊when I was little my mom would hold an m&ms in her hand and then tell me the color in her mind and I'd say it back to her. I've been able to see specific milestones on some peoples charts.. I can't control that, but I get specific info about ppl and it's right. (My cousin marrying a guy no one thought she'd marry and then her pregnancy later on). I couldn't breathe one night in bed as a kid, middle of the night, and woke up pretty frantic and saw a black hand like a shadow closing my bedroom door. It was a hooded figure and the the shadow was dense, not like a shadow you see of yourself walking next to you. I was driving with my friends one night age 17 or so and a man appeared on the side of the road as we flew past him and it scared us all so we turned around to see what we'd passed and the man was gone. I walked through an outline of my great grandma in my old house. And at age 8 or so me and my four cousins were tickling each other on the bed and laughing all loud and joyful when we heard a weird scratching noise. Stopped playing and didn't hear it again so we kept on. A few mins later we heard it again and at that minute as if it was done on purpose the light shined in through the window and showed an etching on the side of our wooden desk that was right near where we were playing. It said "David". We all flipped out 😊15 years or so later I was told David was the name of my spirit guide by the late sylvia brown. I only just now realized how many things I've been through so im glad I saw this post 😊😊😊😊🙏🙏🙏🙏

🔗 [vendetta longg@freedom faction](#) deja vus are DEFINITELY a normal thing for me. Creeps me out every time... my mom sees orbs & spirits all the time. One night around 2-3 am i was in my livingroom & near the fireplace i heard the loudest shrieking scream I've ever heard in my life!!!! It was a though a stereo was on. I will NEVER doubt anyone's story from now on!!!

🔗 [vendetta longg](#) Another one. I was in the house, trying to have relations with a young woman without a condom being careless because i was extremely young. Before i slid in, the tv turned off. She was freaked out. Surprisingly i wasn't & continued to try again. The tv turned off by itself yet again. To make a long story short, she ended up having several std's & i thank the creator everyday for not allowing me to go through that

Paranormal Perspective Vol. 3 🔗 Psychics

🔗 [saul1050bce](#) Soothsayers

🔗 [flat earth frequencies](#) Yes . Very sensitive leaving the frequency signals open for feeling and hearing every note of life

🔗 [druzillaaa](#) As an empath I definitely feel this to be true to an extent!

🔗 [6.9mph](#) With people I have certain connections to I sometimes say or sing a lyric they claim to have been thinking that very moment

🔗 [the_dstryr@freedom_faction](#) try meditating and grounding barefoot on grass and feel the energy.

🔗 [saint.richard](#) When I blaze I can read your mind no problem.

🔗 [amadeus.toke](#) Idk nigga but I drop acid

🔗 [spanglishent](#) Sometimes i speak someone's mind 🤪 like i feel what they are thinking but i don't know how to improve that power

🔗 [aalexsa.abnormal](#) I rarely remember my dreams but when I do, it's usually an important dream. One that shows me a path or death.

🔗 [aimani_94](#) I dream some significant things and it's always 100% the same. I always have a feeling before something I dreamt is about to happen.

🔗 [athleticdude_33](#) To certain people I feel strong connections. I had a dream last year about a friend telling me she was pregnant , then a few months earlier she told me she is pregnant.

And I also have had other experiences as well In dream state. 🥰🥰

🔗 [m_o_o_n](#) I've definitely had a few that's so raven moments...lolol

🔗 [littlemammaz](#) Dreams; I have dreamt just about every huge emotional moment that has happend, before hand in my life. I have know about alot of pregnancies before they happen no idea why, alot of feelings, thoughts when in conversation that I will say outloud no idea why, and they are accurate to whomever I am talking to.... things like that.

🔗 [cherishtheday.](#) Yes

🔗 [azhley_peres@naffiliang](#)

🔗 [fyaredmamiforever](#) I was driving on a dark road to pick my bf up and I had a strong feeling a deer would run in front of my car and sure enough right after it did. All the times I drove on that same road I never felt that or ever even seen a deer but I felt it that time. I also feel very strong connections I always read ppl minds and finish their sentences, too many things to mention but yea. My bf LITERALLY texted me 20 minutes ago and said I was in his mind by texting him something he was just thinking 😊😊😊. It's too good to be true tho!

🔗 [kakmkaa@fyaredmamiforever](#) this is just a coincidence It happens with me when I have a multiple multiple-choice quizzes so stop being silly

🔗 [kakmkaa](#) This topic is so inane

🔗 [fyaredmamiforever@kakmkaa](#) blah blah blah mind your own business I KNEW someone was gonna comment something stupid. DAMN I'M SO PSYCHIC 😊😊😊

🔗 [boeboe72](#) Being an empath I have Claircognizance as well. Kinda like intuition but elevated. Had premonitions that came true 10 years later. Doesn't happen as frequent as I would like but it comes when it wants too. It's just a knowing of what is to come.

🔗 [dankstartony](#) Empathy helps in figuring out others thoughts sometimes which could be either chalked up to psychic powers or clair-abilities in my opinion 🥰🥰🥰

🔗 [kakmkaa@athleticdude_33](#) well , to my knowledge Dreams are divided into 2 types . The first one is the dream that is hard to remember and most people become forgetful after when they wake up .This type is acutally not a real dream but it tells that there is something wrong in our bodies so some people ge rid of it with not doing anything others get the situation worse and worse until they must see a sctor . The second type which is so captivating and not everyone is lucky to have it is when people remember their dreams and everything happended during their sleeping , and also they say to others that the dream was so clear and vivid so or they say that

they fell like if they are not sleeping . So this type is always related to something that will happen either a good things or reprehensible things . It depends on the dream and they are many books tells as what does everything we dream about mean

🔗 [shandoos.keep](#) Not all can channel their thoughts, but thought turn to speech turns to a reality...

🔗 [mr.limaedgar](#) Yes.

🔗 [pleasewakeupsociety](#) I hate the term and people who use psychic, esp ones who charge for fake services

🔗 [boeboe72](#) I thought I was crazy as a kid. Grew up in a small town with no cable tv in the 80's and played all day outside barefooted "warm weather permitting". Maybe that kept me grounded more? Not so much these days though. But always "knew" things without a question. I would hear voices telling me future events and I got to argue with myself over it and would try to block it cause I literally thought I was crazy. Then when the predicted premonition would happen, I would hear that voice telling me. "See, you need to listen to what I'm telling you". And that's when I totally accepted it as a true gift.

🔗 [kakmkaa@fyaredmamiforever](#) This is disrespectful U mind ur own business

🔗 [athleticdude_33@kakmkaa](#) yes!!!! I agree I have had many many beautiful dreams. I consider myself a super spiritual person. I have had dreams that seem so real and that I was there. I have astral projected before. Have had deja vue moment, and I have received messages from the other side. And my mother who passed away 16 years ago has visited me many times!!

🔗 [kakmkaa@pleasewakeupsociety](#) I detest them too they are annoying bothersome and irritating

🔗 [kakmkaa](#) And also [@pleasewakeupsociety](#) exasperating

🔗 [kakmkaa@athleticdude_33](#) I have never done astral projection is it real ? And how does it work

🔗 [athleticdude_33@kakmkaa](#) well I don't know if it was a putter body experience or what. Anywho, this happened this past summer I went to bed closed my eyes for a few minutes or so. I remember appearing in my living room, I tried to open my eyes 🙄 and it took me a while to get back to my other state I was in. Hard to explain sorry.

🔗 [trev_ahhh](#) I can tell you when you will die, your favorite sexual position, and what the lottery numbers are. 🙄

🔗 [kakmkaa@athleticdude_33](#) this is scary I heard some people pass away doing this incredible experience

🔗 [cOntently](#) When I was coming into consciousness (3-6) I'd have these vivid dreams. So vivid. When they'd reoccur I told my mom about them & one time she cried & asked me how I knew that. It was like I was watching it thru a window in her womb but it was something that happened to my family 3 years before I was born. I have proved telepathy to myself so many times. Almost every night I lay my dominant palm on my mans back while we're falling asleep and I think to him how much I appreciate & cherish him. And how I've proved that he hears it (even tho he passes out way before me) a few times when we were both too exhausted to get intimate I'll think to him 'wake me up in the morning, it's all yours' and he never misses that. So I'm pretty stoked that i can pour out all my cheesy romantic stuff & he doesn't have to get anxiety about reciprocating because he already treats me like a fkn goddess 😊

🔗 [r4ymnd20](#) I feel like everyone is psychic but they havent required it yet

🔗 [c0ntently@ashleigh.ivory](#) just commented . Apply to ur life? 😊

🔗 [kakmkaa@trev_ahhh](#) how about telling me what is the tomorrow's quiz gonna incloud cause i have not started yet studying the first chapter and my eyes are barely under my control :)

🔗 [mamageorge5](#) Psychics are what sit in trailers and tell you fake shit to make \$40. Empaths have direct communication with light family and are here to better the world with love and compassion. Derrrrrrrp

🔗 [athleticdude_33@kakmkaa](#) yeah it was weird.

🔗 [athleticdude_33@kakmkaa](#) I have found changing my diet, meditating and exercising has totally changed my spiritual life. There is energy all around us!!!

🔗 [clifford.andrew](#) I've had dreams that come true, but like crazy true. Like I had a dream of a car crash. A couple weeks later I was at the same intersection as my dream same time of day and boom two cars smack into eachother right next to me. Me and my girlfriend also communicate telepathically we have talked in our brains together, but we mostly just expect eachother to say something or when someone thinks a subject the other person speaks about the subject

🔗 [lauraanonymous](#) Ok here goes.... So my 16yr old son passed away a few years back now when he was born i was a young single parent of 3 children with that being said i was trying to raise my children , work, school, bills etc.etc.. He grew up to be a genuine caring respectful young man. After his passing of course im devistated along with my other children and family. I wont go into all that but after something like this happens you really stop and look back at your life and realize if u had the chance to do it all over again would you do it differently? Since his passing I've always wished i could go back in time just to see him once more and all them times when he would talk to me and im trying to get ready for work, running late, yelling at the kids "come on hurry up get your shoes on" i'd say yea ok Evan i don't have time right now. He would say i just want to tell you how beautiful you are. And the jerk that i am blew it off so i have so many regrets in that regard. If only i woulda stopped to smell the roses! I've been able to move on but this is something that haunts me to this day. Now heres my experience.. A few weeks back i had a dream. The most vivid and rememberable dream ive ever had. I still remember it as if i just woke up. I went back in time to my old house my children were younger and and it was like any other normal day they were playing my brother was there Evan my son who passed was there just as happy as can be. It was a beautiful day and life was great. The only difference was that i knew im from the future i was aware of my current self and memories. So i first took the time to enjoy Evan and got to spend what to me felt like a million years . Then i got excited and wanted to tell my brother about our future and all the things that has happened but for some reason it wouldn't let me and everytime at that moment i was going to bring it up i would like jump to another time line. But it would still be the same but similar day. Old house, kids were younger, Evan was there. This continued for again what seems like a lifetime. I finally woke up feeling as if i was able to get my wish . I got to go back and do things differently. To this day it comforts me.

🔗 [kakmkaa@athleticdude_33](#) ok time is up I guess I have to study right now thanks for sharing ur experience 🙌

🔗 [athleticdude_33@kakmkaa](#) no worries. Enjoy your journey!! 🙏🙏

🔗 [imok1969](#) I know what you are taking about

🔗 [chantelleeeeeey](#) I get flashes of deja vu. Sometimes it's not for a few weeks or months later, but when it's happening I'm always like ohhh shit I've been here before or I've experienced this before. Haven't quite pin pointed as to if possibly it's my past life because it feels more like a memory

🔗 [ciaocorinn3](#) Yes, too many to list

🔗 [beyondoh](#) I've always had a strong intuition 🧐

🔗 [starflower87](#) I knew once that my cousin was going to take my Mini Mouse coin bank because he liked her pink bow rather than his plain Mickey Mouse coin bank. So I grabbed it and told him off before he even took it 😊 we were 4 years old.

🔗 [controversity](#) Yes, I'm empathic, and occasionally clairvoyant. Intuition is strong with empaths 😊

🔗 [cody_scholes@stacilynne92](#) [@stacilynne92](#) Thisssssssss

🔗 [tooba.mohammad](#) Psychic is more clairvoyance. Empath is more fine-tuned intuitive tendencies... One is more "seeing predictions"; other is more "feeling predictions". Both are about having some metaphysical (or physical, I can't say) connection to the universe's energy that allows one to make those predictions. I can say psychic and clairvoyant tendencies are more tied to third eye chakra and empath is more gut/root and probably heart chakra... Thoughts, anyone?

🔗 [melizzaaaaaa](#) I can't say but I definitely have predicted incidents including deaths, along with being able to know and say what the person was thinking or is about to say. Its a little freaky. And has scared me.

🔗 [freddy_mojicaa](#) Yes me and my friend Jacob would always catch ourselves finishing each other's sentences. And every time I would think about calling him or messaging him he would call me at that moment like he knew I was thinking of him vice versa

🔗 [kali_greens](#) Not real

🔗 [divinefavor37](#) It's called having the GIFT of prophecy or being prophetic. I would be careful with whom you share your gift with.

🔗 [lauraanonymous](#) That's cute [@starflower87](#) lol

🔗 [indigo_wilde](#) Regularly

🔗 [gabe6](#) I've gotten deja vu pretty regularly my whole life and I absolutely consider myself an empath. It sucks. Kinda.

🔗 [the.infinite.field](#) Being a psychic is another term for I have a third eye and you don't.

🔗 [millienersisyan](#) My intuition is so spot on it freaks people out but I have been like this since I was maybe 7, a lot of adults called me wise beyond my years, I just felt this sense of knowledge of events that would take place with such certainty but I don't know how I get this information, I just know it with certainty

🔗 [millienersisyan](#) When I meet people for the first time I just know pertinent info about them within them disclosing anything to me, and I can size them pretty accurately within the first 60 seconds..... I hate this but almost 100% of the time I'm accurate.....

🔗 [starflower87@lauraanonymous](#) I confronted him about that incident 20 years later. He said he did want it 😊😊😊 he was such a spoiled kid too.

🔗 [millienersisyan](#) Without*

🔗 [thinkerbell35@freedom faction](#) heck yeah !!! A lot of times !!! I have even experienced things I have done before .. it just feels so weird .. but , yes ! I have years dreaming about a flood and that my house is the only one that nothing happens to it .. so now I was thinking was I predicting the Orville flood all these years ! I had to evacuate it was like a dream but a little different ..

🔗 [lauraanonymous](#) Ha! So you did the right thing! 2 funny! [@starflower87](#)

🔗 [starflower87@lauraanonymous](#) I could feel it in my bones that he was going to take it. I got so angry that I couldn't think straight, stopped playing with him, and I yelled at him, "DON'T TOUCH MY MICKEY!" Ahh memories.

🔗 [4richardson7](#) I have dreams that eventually come true every now and then sometimes 10mins after the dream sometimes over a month

🔗 [hotboxheart@divinefavor37](#) why

🔗 [chikkipuush](#) I have those dreams that come true. And honestly, idk how but sometimes I see things in my dream that are predictive of things I would never even have known IRL. And they are spot on. Idk if this counts as being psychic or not ._.

🔗 [hotboxheart](#) Anyone forseen big events that show up in the news?

🔗 [dysnomi@4richardson7](#) me too 😊

🔗 [solruin](#) psychic just means brain user psyche

🔗 [lauraanonymous](#) Wow! [@starflower87](#) that just goes to show that there's more than meets the eye. I mean to somebody else they might think yea big deal but the fact that you 2 were only four years old and can even remember this is ironic! Not to mention adorable. Now go apologize to your cousin! Lol

🔗 [starflower87@lauraanonymous](#) hahaha we laugh about it. It's actually a home video. Us fighting. That was the worst fight I've ever had with him 😊

🔗 [ivanskee93](#) As strange as it sounds, ive been able to tell the very near future. In terms of seconds and minutes. It kinda scares me how often my assumptions become true.

🔗 [caroletheearthling](#) I have had 5 unbelievable events over 20 years. 3 were witnessed by others. I would rather not experience that kind of thing. Too weird.

🔗 [thelostandneverfound](#) When I ask someone a question I know the answer before they say it without even thinking it.

🔗 [skapeizms](#) A psychic is one thing altogether, but an empath, well lets just say we are ALL empaths, and if any of us care to take the time and contemplate reality, we would all have this intuitive gift already built within us. But not everyone is a psychic, and the psychic experience goes far beyond an intuitive sensibility.

🔗 [skapeizms](#) I'd definitely conclude that empath is in a middle spectrum awareness, leaning more into the psychic end, but not there yet. Definitely on the positive end of the spectrum.

🔗 [christiansen moreland](#) We are all given a gift by God our genetic history has the proof the real humans have souls which enable us a connection to the unseen realm some call astral plane others know as spiritual realm whatever it is known to you as we all posses the power of God in ourselves eat right and live in the light you WILL tap into that POWER

🔗 [christiansen moreland](#) Shoes and most footwear is designed to block the natural electric and magnetic flow we are created to feel and use to be one with earth a simple way to begin restoring ones spiritual abilities is to walk around barefoot sadly concrete and buildings are much harder to remove some of us live in jungles of steel and stone

🔗 [christiansen_moreland](#) With that said you can STILL restore yourself through prayer meditation and stretching NOT yoga. Yoga was invented by Shiva but copy the movements of how animals stretch and you will see the difference I repeat NOT yoga but copy your car or dogs stretches to begin with

🔗 [amanda_kapiolani](#) Well 🧘 ✨.....🧘

🔗 [amanda_kapiolani@littlemammaz](#) me too on both allllll the time!

🔗 [amanda_kapiolani@kakmkaa](#) where can I find more of this info please?

🔗 [amanda_kapiolani@lauraanonymous](#) thank you for posting that. I'm going to do things differently 🧘 😊

🔗 [kakmkaa@amanda_kapiolani](#) oneiromancy

🔗 [joeyscott0322](#) I am psychic tendencies all the time every since I was a little kid

🔗 [rouge7jew_not_jewish](#) I have strong vibes with my mother and siblings ,I channel their emotion's state's away i know what's wrong before I can answer the phone

🔗 [drifter_33](#) There's no off button. From premonitory dreams, visions, feeling everyone's energy around you, vibrations, etc... it's a curse for some of us. Multiply your instincts by 500 fold. You feel everything.

🔗 [katanaxoxo@drifter_33](#) I couldn't relate more

🔗 [purity.love.soul](#) I'm a empath but yes have some premonitions Here and there not all the time tho

🔗 [emmyasumner](#) I am an empath and I have had true medium-like visions that were 100% accurate although I can't turn it on and off at will it just happens randomly. For instance: a person on FB asked to pray for her sister, right away I saw a photo of her in my mind and it scrolled down to her kidney and the kidney had white dots on it... sure enough the sister had kidney stones. 🧐 another time I was speaking to a friend on the phone who mentioned a distant relative had passed. Right away I saw an old man in my mind and described him in detail as an older Bernie sanders, cane on the left, clothing etc. Sure enough later she posts a video of him and I'm not kidding the vision was accurate right down to the cane AND the fact he looked exactly like an old Bernie sanders. My husband freaked out cause I was accurate right down to the type of shoes he wore... lol! I have no idea how I was able to see that... I may take my mediumship soon tbh.

🔗 [emmyasumner@freedom_faction](#) to answer your question, yes I do believe empaths are a type of psychic. We feel others emotions and true feelings, can sense energies everywhere we go which guides us along in life and go through our days using that 'knowing' ability (no not know-it-all lol though I do sometimes think some ppl would think that about me!) I believe it's sort of like Clairsentience. So a psychic ability. Empaths are also natural healers but so are psychics and mediums... just in a different way! So I guess you could say that any one of those abilities is there for a helping/ healing-others purpose.

🔗 [thepresidentisi](#) Daily♥love you all♥

🔗 [becreativeallday@freedom_faction](#) russell targ can tell you more🧘

🔗 [valley_extract](#) I have had too many patterns emerge.. light premanitions and taken sentences out of peoples mouths on too many occasions... on top getting the odd physical empathetic pain from others suffering... to know we are ALL connected through subconscious. I believe some are cleaner in vision and more awake to notice than others.

🔗 [pauline weir](#)I have always been only what I can describe as intuitive all my life. I have had some strange deja vu experiences, they are intense and physical. I now consider them normal as I get them at least once a month. I've had very vivid dreams which I can still remember and still remember the strong feeling that I was being shown something and that they were messages/warnings. I have also had many times where I've known something was about to happen (within a day or two) sometimes I get the deja vu feeling just before it.

🔗 [h0llyw00dhannah](#)I have seen certain things in my dreams many times that turned out to be true and I would've had no idea about it otherwise if I hadn't dreamed it was happening

🔗 [shaylanjackson](#)When I'm on the right path, it's as if I've dreamed it all before

Paranormal Perspective Vol. 4

@BethHHemian: I've had many things happen to me, but I'll share one of the major ones with you. I'd like to start off by saying that I used to love watching "Ghost Hunters" and "Ghost Adventures". Once I stopped watching these shows altogether, these incidents stopped. The first major experience, I was woken up around 5 AM by my foot being gently rubbed. I thought at first that it was my boyfriend saying goodbye for the day, I remember him telling me he had to leave early for school, but when I opened my eyes, there was a black, smoky figure standing at the side of my bed. I could see a silhouette of a head and shoulders, but then it was just like... a black cloud for the rest of the body. As soon as I looked at it, I froze, but I didn't show any fear! It immediately stopped touching my foot, and after a few seconds, it began to slowly, very slowly start walking away... INTO MY CLOSET with its smoky arm extended at me the whole way! I was NOT having a dream, I woke up my boyfriend who, ironically enough, was still sleeping next to me and couldn't believe what just happened. I feel like because I showed no fear, it had to leave.

@_Gabe6: Me and I girl I used to see, both saw a luminescent, vapor or smoke materialize out of nowhere in my doorway. It was in the middle of the night, and I remember waking up to her freaking out asking me what that is, and we both were just locked in a state of shock for what felt like 5 minutes, just staring at it when it was probably really only 6-7 seconds. It started out small, and got bigger and brighter the longer we stared at it. Then, just as quickly as it materialized, it just evaporated. All the doors in the house were locked! Not a single light was on in the whole house, all the blinds were closed and we were home alone, sober! My friend was so freaked out by all this, she refused to get off the bed till late the next day, and is ABSOLUTELY convinced it was a spirit visiting us. I still, to this day, have no real explanation for it... It was the oddest experience of my life.

@1ConsciousMind: After visiting my new boyfriend's place, we were alone in his room, and the master bedroom door slammed shut. At first we thought it was the window, so we slowly opened the door, and it was LOCKED SHUT. No other windows were open, we didn't have any pets and there was nothing behind the door! We left right away, and after that incident, his dad

got violent and punched him! Giving him a black eye! What's weird is his dad was a nice person, so doing this is completely out of character! Later, after we broke up, he told me that he would have demonic nightmares! About a year and a half after, his family moved out. Even more strange, the house was brand new! I was actually there when the family had the house blessing! Since he's moved, nothing bad has happened in his new apartment.

@Mama.Theorist: This happened in '98, when my Husband and I had just started dating. I was at his apartment one night, I don't recall the movie we were watching, but there was a scene where the actress threw coins in the toilet, wishing for her old self back or something like that? And the only reason why I remember that part is because my husband had a handful of coins (That were mind their own business) sitting on top of a mantel, and the moment the actress threw those coins in the toilet, those coins on the mantel fell off at the same time! We simultaneously jumped off the couch, wide eyes and all while husband yelled "What the F*CK was that?!" It still gives me the heebie jeebies. Til this day, me and my Husband talk about it and we still don't have an explanation how that possibly could've happened.

@JsIsMrtznz: When I was going to elementary school, I was living with my Grandmother who regularly practiced witchcraft. I didn't understand it at the time, but I would experience paranormal activity basically every other day. From seeing a huge figure, in a black coat, wearing a hat, float through the hall to hearing deep voices in the middle of the day, that I can only assume were repeating a phrase in reverse. It's only until a couple of years ago that I was really able to comprehend the whole situation; I'm 24 now, but at 17, I promised myself I would never live back there again, unfortunately my parents were divorced.

@MrMalcolm_J: I've had visions that come to me in the middle of the night. In one, I saw two unclean spirits, as The Tanakh (Hebrew Bible) refers to them. They were both dressed as homeless people, wearing tethered grey rags, and the line around the iris of their eyes was a squiggly, non-defined sort of line. If the eyes are the window to the soul, there's was either gone or they had never had one. They were just standing there, holding hands. In another vision, I saw The Lord himself, in space along with some other stuff. Since these visions, I've always known that what we refer to as the paranormal, or the supernatural, is literally all around us. We just can't access it without special training, because they involve different dimensions, the things of Quantum Physics really.

@Jon_Mixer_Marshall: I have experienced BigFoot, seen Ghosts and encountered even Black, Red-Eyed Demons. I've also seen UFOs and have too many stories to tell, but for the sake of time I'll share one of the bigfoot encounters I had. This one took place in the Wind River Range in Wyoming: I woke up out a dead sleep, I don't know the time, but I could sense that something was outside my tent. I remember looking up at the tent ceiling, and just above my head, my tent wall was pushed in, and I could see the outline of a HUGE hand pushing against my tent. The impression was so defined I was able to see that it had its fingers spread apart. I

coughed and it slowly started to pull back its hand and walked away, I could hear it's heavy footfalls/steps. After that, the forest was extremely quiet for about an hour.

@MeaghanRae15: Plenty of stories, but the most memorable one was when I was living in this apartment with my mom. I was home alone and felt someone behind me, to the point where I was certain that my mom had come. I started talking, acting like she was there, and got no response. So, I called out here and found out she was still about an hour or so away, so no way was this her. I continued getting ready and turned my music back on and up again, once I did that AGAIN the hair on the back of neck started to stand up, my spine started feeling like jello! My hand mirror, which was probably about 6 ft. away from me, picks itself up and SLAMS into the wall! I ran out of that place, in my pajamas, with no shoes on and drove to a friend's house.

Anonymous: I was driving to San Diego from Arizona, talking to a friend on the phone when I saw three, random lights appear in the sky. I told my friend "Hold on.", and I slowed down a little bit, and just then, two more lights appeared on both sides of the original 3. It was almost in a boomerang shape. After those two showed up, the lights started spinning and it zoomed toward me! It was so weird, I could tell it was close but somehow it was still far away. I really don't know how to explain it! The thing actually zoomed to a point on in the desert, to the right of me. I was so shocked, I put my car in park in the middle of the road and got out (It was probably a dumb idea, but at the time, who knows) I told my friend, "Stay on the phone with me, I'm going to walk into the desert a little.", because this was way too freaky NOT to investigate. I only took about 10 steps into the bushes and just felt waaaaay too weirded out, so I doubled back to my car and drove off. This was about 5 years ago and I remember it like it was yesterday.

@EarthsLandLord: The first and LAST time I tried to open my Third Eye by meditating. Two years ago, something from our of my reality, made its way into my room. Waking me up, just to get on top of me, like in a full mount position. I woke up swinging, sweaty, and it had a white, glowing skin with beautiful red eyes. This all took place before I became a father. I've also had SOMETHING take control, and speak through a friend. It asked me to draw a heart, and once I drew it, he said I didn't look confident drawing it, and then he described to me where my Dad was? He asked me if I'd like to talk to my father, and that my father needed to talk to me... So I finally spoke to my dad, and the day after doing so, I found out that I was a father. To this day, I don't know who or what spoke to me through him.

@Bini_Thomas: Last year, I used a Ouija Board, with two of my roommates. I'd always thought it was complete nonsense before playing it.. but the experience we had was really interesting. We made contact with an entity that claimed to have dwelled in our house for over 20 years! And when we asked it to spell out my dogs name, it spelled it out perfectly.

@Opal_Rain: There were two beings in my room, and they injected something into my leg, and

left the room. Another incident I had with these same beings was them talking to me through the telepathy, but to I don't remember what they said. The latest encounter I had with these beings was during a storm, and the sky was lighting up and you could see where clouds were bending around an object in the sky, and suddenly, it started flashing with a bunch of colorful lights for nearly a minute! Another time, me and a friend saw a light coming down from the sky, it slowed down and landed behind a nearby mountain! We decided to investigate, and followed a road leading back there, and it was government property, oh course. Something that's not UFO related, and I'm not entirely sure what this was, but a friend and I were on our way home from a road trip and then suddenly saw something white run across the street, but what's strange is while it was jumping it was changing shapes mid-air and flew away! That same night, we were further down the road, roughly 30 mins away from home and there was a flash of light that surrounded the car! I looked through the passenger's side mirror and there was a light, I tried to look and see where it was coming from but by the time I did, it disappeared.

@AndrewGreenawalt: I've seen MANY UFOs. Most were pretty far away, but the first one I saw was very close, and was a boomerange shape at first, all metallic looking and made no noise. It could move at incredible speeds, making turns at 90, 180 degrees without losing speeds! It didn't have to accelerate or decelerate either! It could just go from 0 to mind-blowing fast, just like that. It changed shape into a metallic sphere and cloaked itself for a short time while hovering! When it left, it turned very bright, like a metallic white light, and was far! As far as the eye could see in two seconds. There were 4 witnesses to this, we were on top of a mountain so we could see pretty far. After it left, I remember we were all talking about what had just happened, and just then 5 fight planes flew overhead from the direction DC, and this sighting was in VA.

Ms. Jane Maytum: I will start with this story, which happened to me. I was about 7 or 8. I lived in a small town in western Pennsylvania with my parents and older brother. We lived in a large ranch house on top of a hill, the bedrooms were on one end of the house, and an add-on sunroom was at the other where we watched TV. My brother and I were in bed in our own rooms and my parents were watching a sitcom on TV. This would have been in the late 60s. I was almost, not quite asleep, when I heard a very very evil laugh in the distance. This laughter was like nothing I had heard before. It was monstrous and horrible. Immediately, I felt fear and strained my ears to determine where this laugh was coming from. I listened to the sounds of the TV in the sunroom, but the studio laughter did not match what I heard. Meanwhile, whoever was laughing sounded as if they were slowly walking from some distance toward me. I was paralyzed by fear and in my terror I began to cry out to God - in my head, not out loud - calling him "Father." It's important to note that I had not been raised in church or with much in way of religion. I had heard of God, but always thought of him as just "God" not "Father." The laughter and the sense of evil continued to draw ever closer and my cries came faster and faster "Father, Father, Father." In a truly horrific moment, I realized that whoever was laughing was no longer a distance away, but had somehow passed into my mind, was almost ready to

take me out. I screamed (not out loud) but in my head with all I could muster, one last "FATHER!" And instantly, the sense of evil and laughter was gone and I felt a wave of love and peace. I knew I had been rescued from something terrible, otherworldly and from that point on I praised God for hearing me and saving me. This event spurred me to find a relationship with God even though no one else in my family seemed so inclined. Decades later, I mentioned to my mother that there was something in that house and she quickly agreed, but she didn't discuss it beyond that.

Ms. Jane Maytum: This is another story, but this one happened to a close friend. She and her sisters were raised by their father and stepmother, both of whom worshipped Satan. They were forbidden to speak the name of Jesus or God and she only learned about Jesus from her oldest sister whispering stories about him to her as they shared a bed at night.

She was a little girl of about 6 when she went to stay a week with relatives many states away. Her older sisters had cousins the same age. But my friend had no one her age and within a couple days she felt horribly homesick. She so much wanted to be home with her own toys to play with. She became very sad and went to bed in tears. She prayed as she cried that God would let her go home. Shortly she fell asleep and in her dream she found herself back in her room at home. She clearly saw the room and felt like she was there. Immediately, she ran to the closet and pulled out her favorite toys, her Barbie dolls and sat on the floor and began to play. At one point, she felt like someone was standing in the hallway peering through the open door at her. She tried to peer back into the dark hallway, but could not make out anything. The next day she woke feeling much better and later called her parents, excited to tell them that she felt like she had been home and played with her toys. Her parents seemed very surprised by what she said. They said they had been in the living room that night when they heard laughter coming from her room. They climbed the stairs and saw light streaming into the hall from the room. When they came to the doorway, they could see her inside the room, playing with her toys, but something seemed to keep them from entering the room. They could only stand and watch, then the vision ended . . .

Not sure what to make of this, nor is she. But given the satanism going on, I think God answered her prayer and also used it as a way to send a warning message to her parents.

@BlazeForTheCure: Once, when I was like 12, we were playing with an Ouija Board, and obviously it never moved, SO, we put it away. After a while, I started to feel like I couldn't breathe, like there was a tightness around my neck... I got super sad, not scared, just sad, and I couldn't figure out why. So then, I backed, and saw a very clear image of a large Native American Man, wearing a headdress- *and well, I'm not exactly sure what all it was, like, what a Native American would wear after the White Man settled and gave them blue and what not, anyway* – When my eyes opened, there was a feather on the floor where I saw the man, the feather came off his dreamcatcher we had hanging in the NEXT ROOM OVER. I couldn't figure out for the life of me what the hell was going on, so, I went to get my mom because at this point, I was legitimately so sad, I just didn't know what to do with my life, and I didn't even

know why I was sad, but now I was a little scared because I just saw this Native American man standing in front of me... Turns out before we moved to the neighborhood, a Native man owned the house next to ours, he was extremely depressed and hung himself. I've never seen a photo of the man, and don't know if one would even exist, but that's the only semi-reasonable explanation as to why that went down the way it did.

@TheRealEscoBeats: I was cooking, and then there was a foil balloon from my son's birthday still up in the dining room ceiling, which is next to the kitchen. While cooking, it floated down to my head level and started coming towards me, I proceed to cook chicken and then I smacked the balloon away, I assumed because I had the fan from the grease, that the fan somehow attracted the balloon. When I smacked it away, it started floating back towards me, so I grabbed the string, walked it back into the dining room, and threw it back towards the ceiling in the upper right hand corner, by our China closet. I continued to try to cook my chicken for another 10 minutes, then when I finished, I walked towards the dining room, looked up at the balloon and said "beat that" – I walked past the dining room, past the living, took a right into a hallway, took another right to go upstairs to my apartment. When I'm upstairs, I try to unwind, but as I'm doing that, there's an extension cord that I was using that went downstairs and it got tugged. At first, I ignored the tug, figured it might have slipped down the stairs. After I get done just trying to rationalize the first tug, it gets tugged again, but this time HARDER as if somebody had stepped on it, coming up the stairs. I said "Fuck this shit, who the fuck is coming up the stairs because of the way you it got tugged, you know? I ran and opened the door to the hallway to the staircase, and as soon as I opened the door, that balloon was in my face, like at face-to-face level. It's completely impossible for that dying balloon to make its way past three rooms, make a right into a hallway, past the doorway, to make another right past the doorway, to go up a flight of stairs. No one else was home.

@SoftWhisper1111: evil spirits will imitate your recently deceased, immediate family member to fool you into thinking that your deceased member is in the home to "*protect*" you. Your loved one is "*dead*", but for God, they're asleep; having no dreams, no conscience and their spirit rests. In order to get that spirit out of your home, you need to pray it out. I know this because my brother and I experienced this. I was trying to sleep, in my old bedroom with my Ex-Husband, and my brother was doing the same in the living room with my mother. My mother, who is afraid of horror films, has practiced Santeria. (*Santeria is mistaken for Voodoo, but it is a form of communication with spirits and thought to be forms of magic.*) It was my stepfather who had died that year, and these "*Ghosts*" are demons. They can be peaceful in the beginning, wanting you to think "*Oh, it's Grandma here, protecting me! Thank you, Grandma... I love you!*" No, it isn't. You have a negative presence in your home!

@SleepDr3ams: Me and my best friend were in my parent's kitchen once, making something to eat. I was on the countertop opposite to him, when I turned around, I saw him facing the corner, but there was something behind him; it was figure, all black, completely like a void. It wasn't taller than him either, but it was hovering behind him. It was amazingly creepy!

@CrestX: My brother and I shared a bedroom. His bed on one side and mine on the other, with a rectangular window in the middle. One night, we both woke up at the same time, to rotating white lights (looked like a fire truck, but just white, bright white) flashing into our window! While this happened, our beds were rocking, slamming hard! And it sounded like a train was coming through our room! But what I remember about my reaction was that I wasn't scared, but I knew I was being scared. The blinds on the window were just banging hard and harder against the window. We lived in an apartment, nowhere near a train track. I remember looking outside and not seeing anything, just pure black. Like, I don't remember what I saw. I looked at my brother, calmly laid down, and put the blanket covering over my head. We've never talked about it. Next morning, I tell my mom about the weird dream I had, and she tells me my brother told her the same story right before leaving for work.

@JustinJohanneck: I've seen a shadow person once. It turned and looked at me, and its face was as dark a black as the rest of its body. No eyes, just pitch blackness. Had a cowboy type of hat on. Shit was real as day! No drugs, no booze. I experienced some even weirder things in those insane asylum or mental hospital turned apartments in Casper, Wyoming. Like, lots of pounding noises, to the extent of neighbors blaming each other and recording it. If you look out the window, the view is of a cemetery. You seriously cannot make this up!

@Liaso_Amazin: I don't think it's strange because we only focus our attention on a small frequency band of visual light. The more our consciousness expands, the more we can tune into a more expanded awareness, which allows us to see beyond the third dimension. A week ago, while meditating, I felt something grabbing my ankles. There was definitely something present, but I refused to stop my meditation and it disappeared.

@JennyJuliet88: About 4 years ago, in 2013, really late one night, I went out into my living room and my mom was awake. She looked very troubled, said she couldn't sleep and said she felt like something, or someone, was bothering her. So, we decided to hold hands and say a prayer for her... and during so, in the middle of the prayer, something violently started trying to pull her hands and arms away from mine! I rebuked the fear that I felt and kept on in prayer! We finished despite the resistance, and told that son of a bitch to go away! She had a good night's sleep afterwards.

@Villn90: I've had a few episodes of sleep paralysis in my life, each one more intense and sinister than the last. The most recent experience occurred this past April. After conducting my own research, I'm convinced there are far too many similarities in the reports and accounts of others for the phenomenon to be mere coincidence or explicable through science alone. I can't even begin to imagine what it's like for those who suffer from it almost every night.

@Lesh_Is_More: Once I was smoking out of my window in my apartment in New York City, and I was sort of just gazing out, when suddenly, something in the building across from me caught

my eye. I could see a woman, and she was leaning over, not doing anything, not saying anything. She started to straighten herself out, but she was so slow and she would keep stopping every few seconds. eventually she straightened herself out, and then started turning her face towards me again. She was moving so slow; the whole time I was sort of just watching in awe. She started staring towards me and I just froze... then I noticed everything in that window move... I realized that the curtains were drawn (curtains too thick to actually see through) but somehow I could still see the woman in the window. I looked around to see if it was a reflection of some other apartment but no... and I just froze there, her staring at me and me staring back at her. I walked away slowly with my heart frozen.

@IchbinJP: I was with my cousin, at his friend's house playing poker at like, 2:30-ish in the morning. I went outside on the deck with another smoker to have a cigarette. Him and I were chatting for about 2 or so minutes, about whatever, and while we were talking, we were looking up at the sky. It was a clear night, the stars were nice and shining. We noticed what we thought was a plane, but it was really, really high in the sky, it seems as if it was moving faster than a typical plane as well. Then, all of a sudden, it moved like nothing I've ever seen before, as like you would move a laser pointer on the wall for a cat is the best way to describe it. Then, it shoots off and disappears. We both looked back at each other and said, "No one will ever believe us..." laughed, and walked back inside.

@JoeysConspiracy: I'm hesitant to write this. I still experience something I'd say is paranormal, and I've been experiencing it since I was little. Mainly at night, but I remember being able to experience it during the day and it always includes having to have no noise. Something comes over me and I see black and I'm overwhelmed with the feeling of non-existence. It's the only way of being able to explain or describe the sensation. The reason I say it's paranormal is because I've never met anyone who can relate to the experience or say that they understand what I'm talking about, because it's an extreme feeling that I literally have to be snapped out of by getting hit or grabbed really hard, like shaking up so that I can like come back to myself.